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The Fort Erie Times

Thursday, Oct. 2, 2014

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Horse racing to continue

Minister reaffirms government's commitment to racing

10

On track

Young racer finishes successful season at Merrittville

34

The Fort Erie Meteors edged the Niagara Falls Canucks 3–1 Saturday. See page 36.

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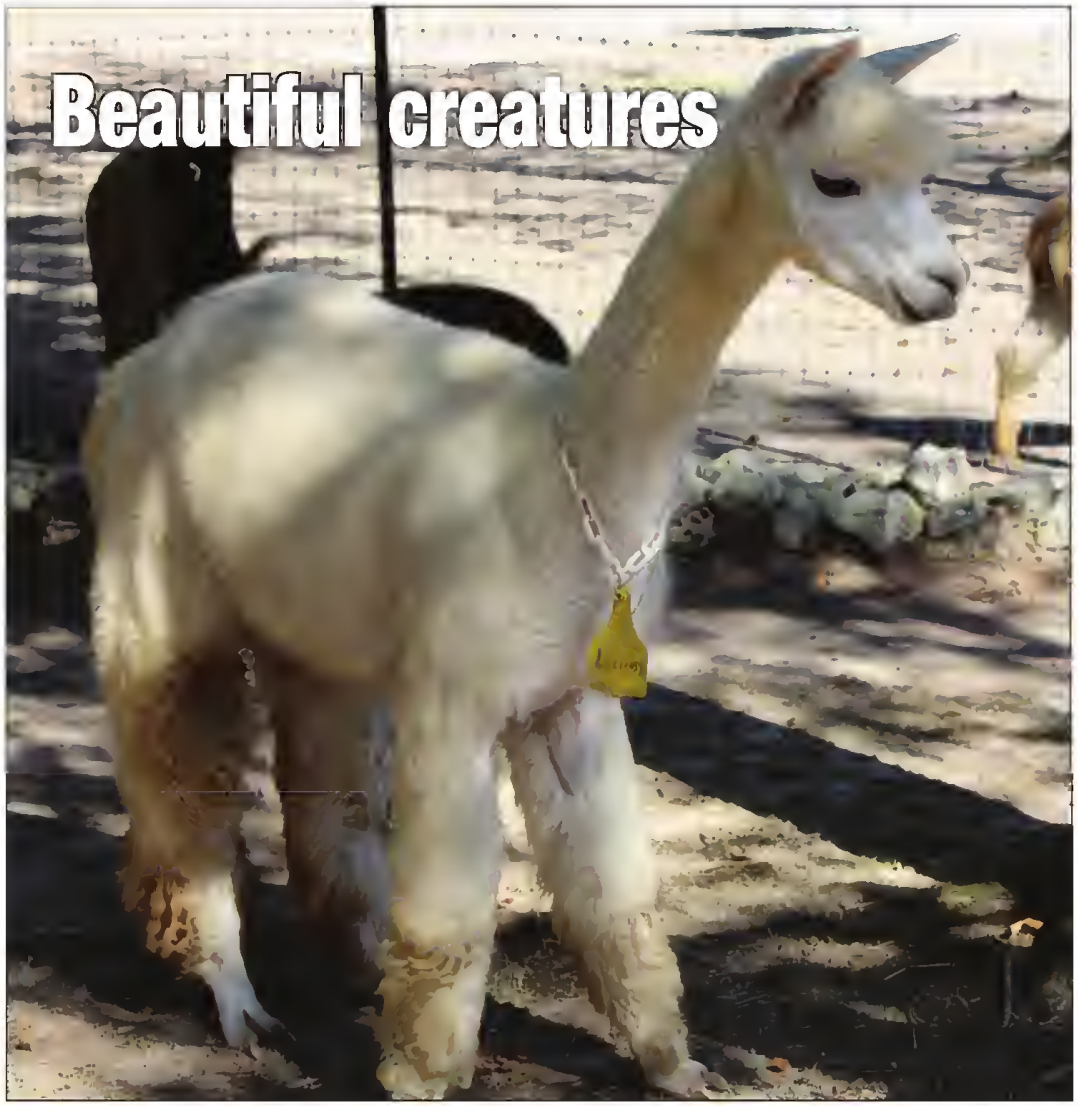

SARAH FERGUSON Fort Erie Times

Split Rock Farms opened its doors to the public last weekend, inviting the public to view more than 100 alpacas that live on the Ridgeway farm. See page 14 for the story.

Marissa's mom did nothing

Alison Langley
QMI Agency Niagara

Marissa Whalen's tiny face was so black and blue with bruises that she couldn't be seen in public.

Her mother did nothing to protect her.

The two-year-old was force-fed to the point where she would throw up and then be forced to eat the regurgitated food.

Her mother did nothing.

She was abused regularly by her mother's girlfriend who ultimately took the toddler's life.

Again, her mother did nothing.

"Marissa had to live the last month of her short life in what can only have been a combination of fear and suffering," Judge Robert Reid said Monday in Superior Court in Welland at the sentencing hearing of Roseanne Whalen, 26.

"She was a toddler. She had no means of independently defending herself or seeking help. She had to rely on adults and particularly one adult, her mother, who chose not to assist her."

See Page 2

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Oct 27th

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Roseanne Whalen convicted of second–degree murder

From Page 1

While there was no evidence presented at trial that suggested the Fort Erie woman ever laid a hand on her daughter, the judge said she was equally responsible for the girl's death and sentenced her to life in prison on a charge of second-degree murder with no possibility for parole for 15 years.

Whalen, wearing a purple sweater and black pants, sobbed in the prisoner's box as the judge read his decision.

"She failed to perform the most basic and fundamental duty of a parent to a child, namely to protect the child from obvious physical harm," Reid said.

"In her failure to act, she preferred her own interests in maintaining a relationship with Ms. Hill over the needs of her daughter."

Whalen's girlfriend Rainbow Hill pleaded guilty to second-degree murder in a Welland courtroom June 28, 2013. She received a life sentence with parole ineligibility for 12 years —three years less than Whalen.

Whalen pleaded not guilty and a trial was held in Hamilton in April.

Defence counsel Geoffrey Hadfield had asked the judge to consider his client be eligible for parole at 12 or 13 years, saying Whalen is intellectually low-functioning and easily swayed by others.

Outside the courtroom, Hadfield said his client's sentence is akin to "sending a 12-or 13-year-old" to jail.

"I still believe Ms. Whalen is profoundly delayed," he said. "She was diagnosed at a very, very early age and was in special education classes all throughout public school and high school."

A psychologist testified earlier that Whalen had a very limited intellectual capacity that brought her into the range of an intellectual development disorder. She has limited ability to read and write.

A psychiatrist agreed she was a slow learner and had difficulty managing complex tasks, but disputed that she had a developmental delay.

Hadfield said his client has no criminal record or previous involvement with the police and was co-operative with police in providing information that ultimately led to the arrest of Hill and to the location of Marissa's body. He said Whalen was also assaulted by Hill and was too afraid to come forward when her child was being brutalized.

The Crown, who said Whalen was so besotted with her girlfriend, she put her relationship with Hill ahead of her duty as a parent, had sought a period of parole ineligibility of 22 years.

The judge described Whalen as "clearly street-w ise" and doubted claims she suffers from a developmental delay.

"Ms. Whalen did make a tearful statement at the conclusion of the sentencing hearing, attesting to her love for Marissa and her daily regret about Marissa's death," Reid said.

"I consider Ms. Whalen's statement in court to be as staged as her emotion in the (police) taped meeting with Rainbow Hill. It was convenient, but not convincing. It is another example of her streetwise coping mechanism, by which she tries to manipulate the situation to her own advantage."

Court heard Family and Children's Services of Niagara began monitoring Whalen in 2009 after receiving an anonymous complaint.

The agency and public health nurses expressed concern to Whalen over Hill's negative influence.

When Whalen left Hill in May 2010, FACs was satisfied that Marissa was being cared for appropriately and closed its file on the basis that Whalen agreed to contact them if she resumed her relationship with Hill.

Whalen returned to Hill in late June or early July of 2011.

Marissa was dead within a month.

From July 1 up until the time of her death, the judge said, Marissa was "scared, malnourished and abused."

"She was hit, slapped, punched and force-fed. She was made to stand against a wall for extended periods, often while Ms. Hill and Ms. Whalen sat on the couch getting high on marijuana."

On July 29, 2011, court was told, Marissa awoke with a full diaper, which angered Hill.

Hill kicked her in the stomach, knocking her to the floor.

Hill's son, who was six years old at the time, asked his mother why there was blood dripping from Marissa's nose and mouth.

Whalen and Hill buried her body in a remote wooded location in Ohsweken on Six Nations territory, near Brantford.

Her remains were found Oct. 16 of that year.

A cause of death could not be determined due to the advanced state of decomposition of the tiny body.

All 12 members of the four man, eight woman jury made recommendations with respect to parole eligibility.

Two recommended parole ineligibility after 15 years, four recommended after 18 years and six recommended she not be eligible until after she serves 25 years behind bars.

alison.langley@sunmedia.ca

Timeline

• 2011 Roseanne Whalen and Marissa, move in with Whalen's girlfriend Rainbow Hill and Hill's two children.

• July 5, 2011: Marissa suffers an injury that prompts Hill to text her mother, Carol Hill: "Hey you gotta keep that baby I messed up her face sorry." The next day, Hill texts her mother, asking if the baby's facial injuries are really noticeable. "Bad you really done a number on her," Carol Hill writes back.

• July 27, 2011: Marissa Whalen turns two.

• July 29, 2011: Marissa is killed in the bathroom. Hill and her sister Amanda Dipota drive with Whalen to Six Nations territory in Ohsweken, near Brantford to bury Marissa.

• Aug. 3, 2011: Whalen and Hill return to Ohsweken to dig up Marissa. They remove a blanket and garbage bag and put it in a duffel bag.

• Aug. 4, 2011: Whalen and Hill burn the blanket and duffel bag in Ohsweken.

• Fall 2011: Whalen moves out of the Emerick Ave. home she shares with Hill and moves in with her mother.

• Oct. 8, 2011: Whalen's mother calls Niagara Regional Police to report her granddaughter missing. Whalen gets on the phone and tells the incredulous dispatcher she hasn't seen her daughter since July 29, 2011.

• Oct. 12, 2011: Whalen agrees to wear a hidden microphone to meet Hill and secretly record their conversation while police listen in.

• Oct. 13, 2011: Hill and Dipota are arrested.

• Oct. 14, 2011: Whalen is arrested and taken to NRP headquarters. She is interviewed for five hours.

• Oct. 16, 2011: Marissa's remains are found in Ohsweken, near Brantford.

• June 28, 2013: Hill, 30, pleads guilty to second-degree murder in Welland Superior Court. Dipota, 31, pleads guilty to accessory to murder. She receives a life sentence with parole ineligibility for 12 years.

• April 8, 2014: A jury in Hamilton finds Whalen guilty of second-degree murder

• Sept. 29, 2014: Whalen sentenced to life in prison without parole for 15 years.

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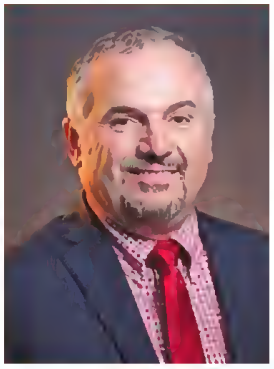
FACEBOOK PHOTO

Marissa Whalen



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- Connect throughout Niagara Region on a more frequent basis
- Work with other Mayors to bring GO transit to Niagara and GO bus service to Fort Erie

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Suicide services need more funding: experts

Greg Furminger
QMI Agency Niagara

"Every nine days someone dies in Niagara because of suicide."

That's a chilling picture painted by Joanne Bovine, co-chair of the Niagara Suicide Prevention Coalition, of a region where crisis intervenors and support services workers say much more can be done to address the issue.

It was at a roundtable discussion last Friday at Port Cares, hosted by Welland MP Malcom Allen, that mental health and crisis workers said there is not enough money provided by all levels of government for suicide.

And the limited money that is awarded now comes with too many restrictions--spending deadlines; it cannot be used on programs or services that may overlap with other mental health areas, those that may receive funding from different sources; it's one-time funding only.

"Our community partner-ships are one of our biggest successes, because without them we wouldn't be able to do anything," said Bovine, who works for the John Howard Society.

The suicide prevention coalition, a group that includes more than 20 Niagara agencies and services, expects by the end of this year to release a Niagara-specific report in the topic with six key recommendations. But there were plenty offered up for the MP, when there seemed to be consensus among the three dozen people at the forum that the subject nature merits more than the 90 minutes that were set aside Friday morning.

Among other pressing issues in Niagara: suicide support is severely lacking for its rural and isolated populations, transportation to services is a problem and followup care can take too long to receive, if it's available. While there are grief groups, there's very little post-suicide supports in place.

Much attention is focussed on prevention, but far too little emphasis is put on intervention and "postvention" resources and services.

It was also noted that in a region for which 14 child psychologists are prescribed, there are only 3.5 assigned full time.

Money was the constant theme. "If you look at what we're spending on suicide research, it's telephone numbers," said Rory Butler, founder of Welland-based YourLifeCounts.org."At the end of the day, we have five-and six-year-olds dying by suicide... and that's disgusting."

greg.furminger@sunmedia.ca

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Bridges Community Health Centre hosts dental forum

Bridges Community Health Centre is celebrating Community Health Week from Oct. 5 to 11.

Events will be held across the province to highlight the need for a more comprehensive approach to improving the health of individuals and families by addressing what determines health.

Proper nutrition, housing, social supports, employment, income and education all have an impact on health and well being.

Bridges Community Health Centre Fort Erie will host a Dental Health Forum on Wednesday, Oct. 8 from 8:30 a.m. to 11 a.m at the Clarion Hotel in Fort Erie.

The forum features guest speaker Dr. Carlos Quiñonez, who will discuss the link between income and dental health and findings from Bridges Community Health Centre's recent community dental health survey.

The event is free for everyone. For more information, or to register attendance for the forum, call 905-871-7621 ext 2226 or visit online at www.bridgeschc.ca

Learn more about Sally's Community Garden

Learn more about Sally's Community Garden.

The Fort Erie Salvation Army is partnering with Greening Niagara to host an information night about community gardens on Tuesday, Oct. 14 at 7 p.m., at the Salvation Army, 225 Gilmore Rd.

Topics for discussion include what makes a community garden, what to grow, vandalism, where the food goes and the benefits of a community garden.

Sally's Garden was established in 2011 and has provided fresh food to many in the community

Bring your questions and suggestions. Refreshments will be provided.

For more information call Anne Watters at 905-871-1592 ext. 23 or e-mail anne_watters@can.salvationarmy.org.

All–candidates night to be held in Stevensville

The Stevensville Kinettes and Kinsman invite the public to attend a candidates night for mayoral and regional candidates on Thursday Oct. 9, at Stevensville Memorial Hall.

This is another opportunity for residents to meet the candidates and hear their ideas for building a better Fort Erie.

Those attending will have an opportunity to submit written questions that night.

Ward 6 and school board candidates will be participating in the meet and greet but only the candidates for mayor and region will be speaking.

The meet and greet starts at 6 p.m and opening remarks will commence at 6:45 p.m.

opinion page

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Make an informed decision

The municipal election is quickly approaching but there is still plenty of time to get to know Fort Erie's candidates.

The perfect opportunity to meet with all of the candidates for council, mayor and regional representatives are three all candidates nights that will be hosted by the Greater Fort Erie Chamber of Commerce.

The first event will be held tonight at Stevensville Memorial Hall, 2508 Stevensville Rd., and will feature candidates vying for a seat as councilor in Wards 4, 5 6, serving Ridgeway, Crystal Beach and Stevensville.

A second evening will be held Oct. 7 for candidates for Wards 1, 2, and 3, representing Bridgeburg, Fort Erie, and Crescent Park at the Fort Erie Leisureplex Banquet Hall, 3 Municipal Centre Way.

Mayoral and regional candidates will square off at the Leisureplex Banquet Hall Oct. 16.

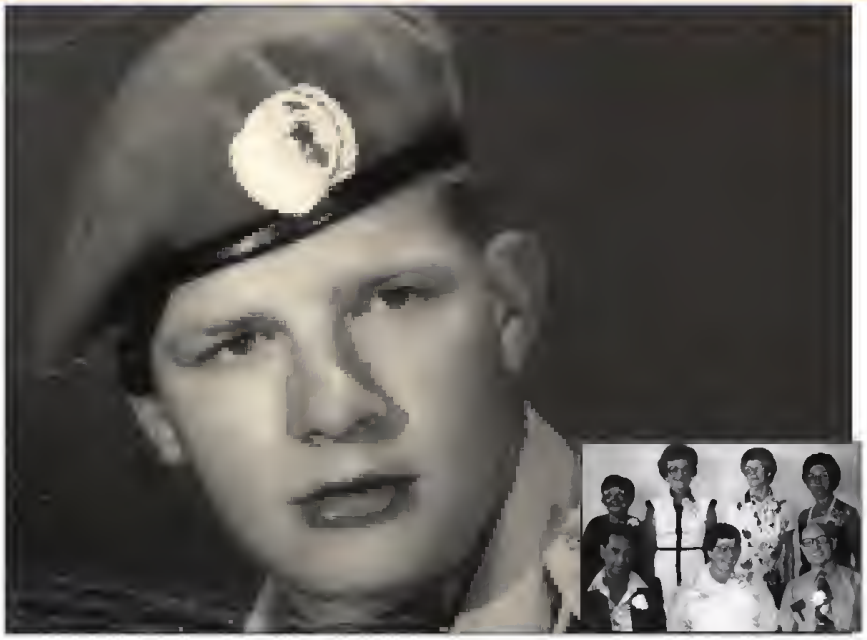
Each evening will begin with a candidate meet and greet from 6 to 6:30 p.m., followed by opening opening remarks and a formal question and answer period from 6:45 to 9 p.m.

The Chamber has asked residents to submit their questions and a committee was formed to carefully select each question.

The candidates will be put into the hot seat and asked to share their opinions on fiscal responsibility, encouraging new business, taxes, education and town infrastructure.

Now is the time to learn what your candidates have to say because some of these individuals will be elected to make decisions that will impact the residents of Fort Erie for the next four years, and beyond.

When you head to the polls on Oct. 27, make an informed decision about who you are voting for.



Do You Remember?

Unfortunately we received no calls or e-mails about last week's photo of the ladies and gentlemen sporting corsages and boutineers.

It is never to late to phone in about this or any previous weeks' photos as we always want to know as much about these as possible for future generations.

This week's photo of the young soldier offers one clue - a date stamp of 1968. Do you recognize this young man or the uniform he is wearing? If so, please call the Museum at 905-894-5322 or e-mail us at museum@forterie.on.ca

Get kids hooked on nature and they'll never be bored

"That's boring."

That's a daily comment among many of our young people. I've heard that comment for years, As an old public school educator I say, " Get them hooked!"

Hooked?

Perhaps that's not the best word. But think about it. Young people today are bombarded from all sides with scenes of violence, sexual explicitness, drug addiction, from peer pressures and so-called alcoholic pleasures.

Why? These forces are determined to get our young people "hooked." Yes, this is not an easy world in 2014 in which our young people are growing up.

Mass killings have occurred in past years in the high schools of

North America. Shocking? Sickening?

Yes! Those teenagers had headed the wrong way in life. They were "hooked" on hate and violence. They were bored with the

Earl Plato

wholesome and ordinary life of teenagers that the great percentage of our young people have accepted.

At Backus Woods near Long Point, Ontario, some years ago I saw 50 plus local high school students being "hooked."

They were wading in a stream collecting frogs, salamanders and water insects. They appeared fascinated with their discoveries.

Other students had entered Backus Woods to study mammals, trees and wild flowers. No signs of boredom that I witnessed in this active group.

Ernie Giles, naturalist friend, joined the stream group. I asked Gwen, the Backus Wood educational coordinator.

"Are these exceptionally gifted students?"

Her reply

was, "not so. They are ordinary Grade 10 students who have come here every year since Grade 6."

They were being "hooked on nature.

Writer's Note: Locally the Roman Catholic

School System of Niagara has taken classes of Grade 8 students to Marcy Woods inrecent years. Thanks to the DiCienzos, owners, they are allowed there twice a week for most of the year.

They will walk the trails of that great natural setting. Great! Some will become "hooked" on nature for sure.

***

The late Bert Miller, great area naturalist, got me hooked on nature for life but he affected me as a youth on our local history too.

COURTESY OF CHARLIES DAVIES Special to The Times

Bert Miller at Mather Arch Museum

Below is Bert with young people at Fort Erie's Mather Arch. He was the first curator for the Fort Erie History Society's museum there. Bert "hooked" me on our early history.

Parents, know your children. Get them hooked on the "good things" in life such as church activities, local history, active sports along with our natural environment. It will be worth it. I know.

Earl Plato is a resident of Fort Erie and local historian.

opinion page

Get homework help from volunteers at the library

The teen volunteers are being trained, the room is ready, and Oct. 6 is the first day of the Homework Help program at the Centennial branch of the Fort Erie Public Library.

Tricia McNeil, coordinator, and her team of teen tutors will be available every weekday afternoon beginning at 3:30 p.m. to help students in

Kindergarten to Grade 8 with their homework assignments and studies.

Snacks and other activities are also provided. This program is sponsored in part by a Niagara Prosperity Initiatives grant from the Business Education Council of Niagara. For more information, parents who want their children to attend and secondary school students who want to help others should contact Tricia at 905-871-2546, ext. 311 or pmcneil@fepl.ca.

Amy Roebuck
Fort Erie Public Library

The Second Annual Friends of the Library Cupcake Celebration is about to begin.

Become a Friend of the library and enjoy lunch with a musical accompaniment this Saturday, Oct. 4 from noon to 2 p.m. at the Centennial Branch.

Admission and lunch are free if you decorate a cupcake for our contest.

Bring your decorated cupcake to the event, and the Friends will judge the best decorated cupcakes.

Otherwise, the cost is your Friends' membership or renewal.

Annual memberships are $10 for a person and $20 for a family.

Call Ann at 905-894-1941 for more information.

The Friends are also excited to host Margaret Feaver's colouring book launch at the event.

Artist Margaret Feaver has created a colouring book from some of her art sketches, and will be available to sign copies. It makes a great gift for children and art lovers of all ages. The book is $10 and all proceeds go to support special projects at the library.

Ladies of the Bowen Road Women's Institute share their expertise and heritage at the library in free knitting lessons for teens.

These lessons are offered for ages 8 to 14 at the Crystal Ridge branch on Thursday evenings, beginning today.

They encourage all older teens and adults who would like to learn to visit the Centennial branch of the library on Monday evenings at 6:30 p.m.

If you have needles or yarn, bring them along, but the Bowen Road ladies will provide all that is needed: you bring your desire to learn!

Tonight's film for adults at 6:30 p.m. at the Centennial branch is Transcendence, starring Johnny Depp and Morgan Freeman.

If there is a little one at your house, bring him or her to the Stories for 2s and 3s at 10:30 a.m., at the Crystal Ridge branch on Tuesday mornings, or the Centennial branch on Wednesday mornings, beginning Oct. 7 and 8.

There is no need to pre-register for this time of reading, singing and playing; $2 will pay for these drop-in sessions.

Rainbow Looms can be used to make perfect Halloween decorations for a backpack, and the Crystal Ridge Rainbow Loom session is this coming Wednesday, Oct. 8, starting at 3:30 p.m.

Space is limited to ten participants, ages seven and up, so please register ahead of time. Bands will be supplied, but a limited number of looms are available. Please feel free to bring your own loom if you have one.

Don't forget our two author visits next week: Ania Szado will be here on Tuesday and Mike Van Natter on Wednesday, both at 7 p.m. at the Centennial branch. Ania's visit is sponsored in part by Canada Council for the Arts.

Friday, Oct. 10 will be a professional development day in the schools, so children and teens may be looking for something to do. The Centennial branch offers the St. John Ambulance Babysitting Course created for the 11-14 year old age group, designed to teach babysitting, leadership and first aid skills.

Participants learn to care for infants, toddlers, school-aged children and themselves. There is a $30 course fee, and arrangements for payment may be made when registering with St. John Ambulance; call 905-356-7340.

Space in this very popular course is limited to 18 participants, so we suggest you call early. Homework Help will be operating on Friday afternoon, October 10 at the Centennial branch, and the movie X-Men: days of future past will be screened at 2:30 p.m. at the Crystal Ridge branch. X-Men is rated PG.

Amy Roebuck is the community services coordinator at the Fort Erie Public Library.

letters to the editor

Be informed, and cast your vote

Dear Editor,

A very important date for all Fort Erie residents will be the municipal election on Oct. 27.

On this date, the people of Fort Erie will go to the polls and cast their vote to elect a new mayor, council, regional council and school trustees.

It is very important that those who have the privellege to vote, do so in an educated manner. Please take the time and become familiar with each and every candidate's platform, promises and vision for our town, Fort Erie.

The present Town of Fort Erie is at a critical time, where choosing the right or wrong council can have compounding effects—both positive and negative.

We need to elect a mayor, council and regional council that will work as a unified, forward thinking team that will have a common purpose for the benefit of the people of Fort Erie and the Niagara Region.

There are many promising projects in Fort Erie's near future which include a new motor speedway, a new elementary school, new ownership of the Fort Erie Race Track with some promise of future development, the Liberal government making a promise to keep racing open for the next four years, investment by Pilot Flying J Truck Stop who see Fort Erie as a great investment, and improved economic climate at Fleet and Air Bus.

These are just a few examples.

Yes, we have had our challenges in the past with various split council votes, but we can only learn from our past experiences.

I would love to see a council, whose vision is that we have better signage on the Queen Elizabeth Way, with a 'Welcome to Fort Erie' sign.

The City of Edmonton is making changes, inviting travellers to stop and visit with new signage. They realize it is needed.

We don't have a sign.

There is also the potential of attracting a satellite post secondary campus aligned to a Canadian or U.S. school, bringing back the rail yard and business will be attracted.

The potential of attracting new business by reducing taxes, permits and developing costs—yes, this can be done.

They are doing it in the U.S. and are attracting Canadian companies and clawing back their U.S. companies with little or no tax and greatly reduced hydro costs.

So, why can't it be done here?

One just has to look to Buffalo, an improved economy with new developments in the downtown area with a new medical campus, the outer harbour improvements, retail and commercial expansions in Cheektowaga.

Or, look at Niagara-on-the-Lake with retail and tourism.

These are more examples where forward thinking individuals make a positive impact. Why shouldn't this happen in Fort Erie?

So before you go and vote, please take the time to be informed. Attend the all-candidates' nights.

Ask questions to our candidates, listen to their answers and their visions for Fort Erie.

But most important, make sure you cast your vote. Our future relies on your educated decision.

Charlie Sferrazza

Elect Marina **Butler**, Ward 4

A STRONG VOICE FOR POSITIVE CHANGE

Join me at Trailside on Wednesday October 8th from 6pm - 8pm for a Meet and Greet Light Snacks

Our community deserves to have great opportunities. Together, we can break the status quo and move forward with meaningful change.

Email: marina.butler@outlook.com | www.marinabutlerward4.com | Marina Butler Ward 4 | Marina Butler Ward 4

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From the gardener's journal: 'lovely time' to reflect on growth and accomplishments

The end of 'the growing season' is approaching

Ruth Vold Markle
Special to The Times

As I write this, the sky is beginning to pink in the east and another wonderful autumn day begins.

Another day to bring in the 'fruits' of the growing season and to prepare our space for the cooler weather.

I loathe to say it, or frost.

These warm and dry and sunshine days are precious in collecting seed for next spring.

And these are lovely times to reflect on the good growth and what has been accomplished this year.

I do keep a gardener's journal, not just because I love to know exactly 'when' I got on the land in the spring, but also to keep record of the names of what I have planted and also what has grown especially well.

This year it has been a pleasure to watch the continual bloom of 'Banana Cream daisies and the "Mesa Yellow" Gaillardia—they are still growing strong.

The idea of this journal writing was placed in my mind during history studies in high school in Philadelphia

As a transplanted Canadian, I was not especially interested in U.S. history but I was curious about the "growing journals" that George Washington and Thomas Jefferson kept.

These record a lovely picture of the gardening and thinking of the time.

Their faithfulness to record growing season events while they led such busy lives always inspired me and I have kept a journal in one form or other since that time.

It has helped when we transplant and share, to be able to identify for others the specific name and the corresponding bloom and other features. Every plant has a story to tell! And it is nice to be able to share their seeds for the next season.

So that is the goal this week, to collect and record and save some of the seeds for starting and cuttings for propagation.

Thanks to like minded growing friends who call or e-mail to share their harvest with us, we are starting to see the greenhouse fill with good growth and life that will cheer us on those cold days yet to arrive. We are so glad for all the contributions of plants, seeds and recycled pots and growing trays. Each one helps in many ways.

I have also been thinking of the 'harvest moon'

It was early this year but a predicted full moon for Oct. 8 may give us another harvest moon or possibly 'frost'.

I believe we have the 'official' end of our growing season approaching on Oct. 15 giving us a growing season of 168 days more or less.

I hope it is "more" as we still see lovely roses bloom in the late afternoon sunshine. The scent of these roses and the crunch of the dry leaves evokes such pleasant autumn memories. I want these times to linger longer.

And sharing a savory dinner recipe will help to extend the harvest mindset.

This one is Suzanne's Pasta Primavera with Rosemary:

Slice 1 cup zucchini, yellow squash, cherry tomatoes, onions (or more than one cup if you wish)

Cook hot whole wheat pasta (amount depends on you)

Slice and saute vegetables in olive oil until tender crisp; mix with pasta and keep warm. Blend together one cup nonfat cottage cheese, 1/4 cup evaporated skim milk, one teaspoon dried rosemary (could add one teaspoon basil and marjoram) 1/4 teaspoon pepper and two teaspoons fresh lemon juice.

Don't heat the sauce just put over hot pasta and vegetables to warm.

Oh, and share this with a neighbour or friend who are dining on their own and you can extend the harvest season in hospitable style!

So here's to good golden autumn days and beautiful evenings when the work is done.

May the laughter of the children and the warmth of the sunshine stay in your heart and memory.

Keep watching for those monarchs. There are (thankfully) more this year..

Until next week, keep growing.

Ruth Vold Markle is a member of the Fort Erie Horticulture Society.

'There will be racing next year'

Sarah Ferguson
Fort Erie Times

For the first time in years horse people can breathe a sigh of relief.

Jeff Leal, minister of agriculture, food and rural affairs, said the Fort Erie Race Track will host a minimum of 37 race days in 2015. The number of race days will be determined in the Fort Erie Live Racing Consortium's application that is subject to approval by the Ontario Racing Commission.

Leal made the announcement last Wednesday afternoon at the racetrack in front of political dignitaries and horse people.

Leal said he knows how "important racing is to the community (of Fort Erie)."

"Horse racing is part of the fabric of rural economies."

Leal is "delighted" Fort Erie's racetrack will be able to continue hosting race days in 2015 and beyond with support from the provincial government's five-year Horse Racing Partnership Plan. The plan came into effect on April 1 of this year, and it is the government's five-year plan to invest $500 million to support the horse racing industry in Ontario.

"Our government remains committed to working with industry, owners, breeders and track operators across Ontario in support of horse racing in the province."

Fort Erie Live Racing Consortium chief executive officer Jim Thibert said Wednesday's announcement gives horse people, and their families, confidence in the industry after years of uncertainty.

"I'm standing here for the first time in seven years and I can say there will be racing next year," Thibert said.

It will take "many years" before it is possible, but the CEO said the racetrack will one day host 74 races again.

Thibert is optimistic about the future of the Fort Erie Race Track since it was sold to Buffalo-based buyers Carl Paladino, Bill Mosey, David Kompson and Joel Castle in August this year.

"There will be racing next year, and we have new buyers who are willing to bring in investment," he said.

Fort Erie Mayor Doug Martin thanked Leal for visiting Fort Erie Race Track to reiterate the provincial government's commitment to "This is great encouragement to those who rely on the racetrack as their source of income," he said.

Sarah Ferguson sarah.ferguson@sunmedia.ca

SARAH FERGUSON Fort Erie Times

From left, Fort Erie Live Racing Consortium chief executive officer Jim Thibert spoke with Minister of Agriculture, Food, and Rural Affairs Jeff Leal, Fort Erie Mayor Doug Martin and Coun. Stephen Passero about the future of the Fort Erie Race Track last Wednesday. Leal reiterated the province's commitment to the horse racing industry, which means 37 race days for the track next year.

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Lioness looking for new cubs

GAYLE BLAIR Special to The Times

The Ridgeway Lioness recently installed its newly elected members, and held its first meeting on Sept. 17. The Lioness support well-known organizations such as Alzheimer's Society, the Canadian Cancer Society and Lions Foundation of Dog Guides Canada. From left are (back) treasurer Glad Brandt, director Gaeline Augustine, vice-president Sandy Watts, (front) president Rhoda Keultjes, director Valerie Funk and secretary Betty Talbot. Absent is tail twister Ruth Bruyns, membership Gloria Moon and bulletin editor April Buchkowski. The Lioness meet the third Wednesday of each month at the Crystal Ridge Community Centre. For more information about joining the Lioness, call 905-894-3209.

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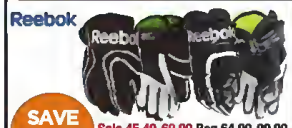

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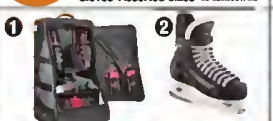

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SARAH FERGUSON Fort Erie Times

Taylor Bell, a worker at Split Rock Farms, feeds an alpaca Saturday during the Ridgeway farm's open house.

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Ridgeway farm home to 100 alpacas

Sarah Ferguson
Fort Erie Times

When people ask Ridgeway's Glen Finbow why he decided to start his own alpaca farm, he tells them it's because of singer Clay Aitken.

"My wife, Lynda, and I went to a Clay Aitken concert at the Erie County Fair, (in Hamburg, N.Y.) and we saw many animals there," Finbow said.

"We saw a few alpacas and we really liked them."

When Glen and Lynda returned home, they began researching the animals to learn more about them.

"We always wanted to build a farm. We had 60 acres of land and we didn't know what to do with it," Finbow said.

"The rest is history I guess."

Split Rock Farms is now home to about 100 alpacas at 1652 Ridge Rd. N. in Ridgeway.

The Finbows opened the doors to their farm on Saturday and Sunday to educate the public about alpacas.

"We open the farm a few times a year. We have the open house in September and we open up a limited amount of days in December for the Christmas season," Finbow said.

About 1,000 people visited the Ridgeway farm over the course of the two days.

With Split Rock Farms nestled away behind "many trees and shrubs" on Ridge Rd., "many people don't realize" the farm is there.

"We open our doors because we want to introduce people to alpacas," Finbow said.

"They really are beautiful creatures."

The Finbows have been in business for nine years, selling one-of-a-kind socks, hats, gloves, scarves and other accessories from alpaca fleece.

"Alpaca fleece is so much warmer than most fleece," Finbow said.

"It also has the ability to wick away the moisture from your skin."

According to Finbow, Alpacas live to be 20-years-old. Female alpacas weigh, on average, 145 to 150 pounds, while male alpacas weigh 150 to 180 pounds.

Finbow said alpacas are gentle creatures that prefer the company of their own to other animals or people.

"If they get upset, their only means of defence is running away from or spitting on people."

For more information about Split Rock Farms, visit www.splitrockfarms-bb.com.

sarah.ferguson@sunmedia.ca

SARAH FERGUSON Fort Erie Times

Split Rock Farms is home to more than 100 alpacas in Ridgeway. The farm is owned by Glen and Lynda Finbow. The coupled opened their farm to the public this past weekend to raise awareness and educate the public about alpacas.

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Représentant(e), Conseil scholaire de district catholique Centre Sud	

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Date	Heures	Endroit
vendredi le 17 octobre, 2014	9h00 à 14h00	Faith Reformed Church, 3605 ch. Black Creek
samedi, le 18 octobre, 2014	9h00 à 17h00	Leisureplex Banquet Hall, 3 Municipal Centre
lundi, le 20 octobre, 2014	13h00 à 20h00	Central Fire Station, 444 ave. Central
mardi, le 21 octobre, 2014	9h00 à 18h00	Crystal Ridge Public Library, 99 ch. Ridge S

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LUNDI, LE 27 OCTOBRE, 2014
10h00 à 20h00

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2	200	Royal Canadian Legion, Br. 71	130 boul. Garrison
3	300	Leisureplex Banquet Hall	3 prom. Municipal Centre
4	400 + 410	Royal Canadian Legion, Br. 230	228 rue South Mill
5	500 + 510	Crystal Ridge Community Centre Hall	99 ch. Ridge S
6	600	Stevensville Memorial Hall	2508 ch. Stevensville
	610	Faith Reformed Church	3605 ch. Black Creek

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Gilmore Lodge	50 ch. Gilmore	9h30 à 11h00
Crescent Park Lodge	4 rue Hagey	12h00 à 14h00
Maple Park Lodge	6 rue Hagey	15h00 à 16h30
Garrison Place	373 boul. Garrison	17h30 à 19h00

PROCURATION

Si un électeur ne peut pas voter à un scrutin anticipé ou le jour de vote, il/elle peut nommer une autre personne ayant qualité d'électeur pour voter à sa place. Un électeur peut agir au nom **d'une** autre personne qui n'est pas un parent OU au nom **d'une ou plusieurs** personnes dont il est un parent (parent s'entend du conjoint out de la conjointe, du frère, de la soeur, du pére, de la mère, de l'enfant, du grand-pére, de la grand- mère, du petit-fils ou de la petite-fille. Des formulaires de procuration peuvent être remplis vers le haut de jusque à 17h00 le jour de vote. Les formes sont disponibles au bureau du commis. Une personne qui a été nommée accomplira l'application avant la greffiere au bureau du commis pendant des heures de bureau normales (8:30 a.m. – 5:00 p.m.) et pendant la période de 12h00 – 17h00 samedi, le 18 octobre, 2014.

FORMATS ALTERNATIVES

Tous les efforts raisonnables seront faits pour s'assurer que les candidats et les électeurs ayant un handicap sont en mesure de recevoir des informations et des copies de documents électoraux dans un format qui tient compte de leur handicap. Le format peut être convenu entre le demandeur et le greffier.

Informations sont aussi disponible à http://www.town.forterie.ca.

N'OUBLIEZ PAS D'APPORTER VOTRE PIÈCE D'IDENTITÉ AU BUREAU DE SCRUTIN

THE MUNICIPAL CORPORATION OF THE TOWN OF FORT ERIE
MUNICIPAL ELECTIONS 2014
NOTICE OF ELECTION INFORMATION

Municipal Elections Act, 1996, S.O. 1996, c. 32, Sch., s.40

In accordance with the *Municipal Elections Act*, an election is being held as follows;

ONE TO BE ELECTED FOR EACH OFFICE

Mayor		Regional Councillor
Councillor, Ward One	Councillor, Ward Four	Trustee, District School Board of Niagara
Councillor, Ward Two	Councillor, Ward Five	Trustee, Niagara Catholic District School Board
Councillor, Ward Three	Councillor, Ward Six	Trustee, Conseil Scolaire de District Catholique Centre-Sud

ADVANCE POLL LOCATIONS/TIMES

Dates	Time	Location
Friday, October 17	9:00 a.m. – 2:00 p.m.	Faith Reformed Church Hall, 3605 Black Creek Rd.
Saturday, October 18	9:00 a.m. – 5:00 p.m.	Leisureplex Banquet Hall, 3 Municipal Centre Drive
Monday, October 20	1:00 p.m. – 8:00 p.m.	Central Fire Station, 444 Central Avenue
Tuesday, October 21	9:00 a.m. – 6:00 p.m.	Crystal Ridge Public Library, 89 Ridge Road South

VOTING LOCATIONS ON VOTING DAY,
MONDAY, OCTOBER 27, 2014
10:00 a.m. – 8:00 p.m.

Ward	Poll	Location	Address
1	100	Central Fire Station	444 Central Avenue
2	200	Royal Canadian Legion, Branch 71	130 Garrison Road
3	300	Leisureplex Banquet Hall	3 Municipal Centre Drive
4	400 & 410	Royal Canadian Legion, Branch 230	228 South Mill Street
5	500 & 510	Crystal Ridge Community Centre (Hall)	99 Ridge Road South
6	600	Stevensville Memorial Hall	2508 Stevensville Road
	610	Faith Reformed Church – Fellowship Hall	3605 Black Creek Road

INSTITUTIONS/RETIREMENT HOMES
(for residents only):

Gilmore Lodge	50 Gilmore Road	9:30 a.m. – 11:00 a.m.
Crescent Park Lodge	4 Hagey Street	12:00 Noon – 2:00 p.m.
Maple Park Lodge	6 Hagey Street	3:00 p.m. – 4:30 p.m.
Garrison Place	373 Garrison Road	5:30 p.m. – 7:00 p.m.

VOTING BY PROXY

An eligible elector, who is unable to vote at an advance poll or on Voting Day, may appoint a voting proxy to vote on his or her behalf. A person may act as a voting proxy for one eligible elector who is not a relative **OR** for one or more eligible electors who are relatives (specifically spouses or siblings of each other, parent and child, or grandparent and grandchild). Forms are available at the Clerk's Office. The person who is being appointed as the voting proxy must come to the Clerk's Office prior to 5:00 p.m. on Voting Day October 27, 2014 to have the appointment certified. The Clerk's Office will also be open from 12:00 noon to 5:00 p.m. on Saturday, October 18, 2014 for election purposes.

ALTERNATE FORMATS

All reasonable efforts will be made to ensure that candidates and electors with disabilities are able to receive information and copies of election documents in a format that takes into account their disability. The format may be agreed upon between the requester and the Clerk. (Cet avis d'information électorale est aussi disponible en français sur demande et peut être trouvé sur le site web à www.town.forterie.ca).

Want to know more? Visit http://www.town.forterie.ca.

REMEMBER TO BRING IDENTIFICATION WITH YOU TO THE POLL

Every penny donated makes a difference

United Way launches Fort Erie's fundraising campaign

Sarah Ferguson
Fort Erie Times

Whether it's a few dollars or spare change, every penny donated to the United Way of Niagara Falls and Greater Fort Erie goes a long way toward helping those in need.

The charity kicked off its fundraising campaign last Tuesday at the Boys and Girls Club on Lewis St. This year's campaign goal is to raise $220,000. Every cent given to the fundraising campaign supports an organization that aids Fort Erie residents.

This year, campaign chairman Jennifer Pellegrini is encouraging local businesses to get involved in the campaign.

"We really want more active engagement in our community," Pellegrini said.

She is encouraging local restaurants to hold a breakfast, a luncheon or dinner in support of the United Way.

"It can be a special menu item, or it can be a night where the owner is committed to contributing a portion of a day or meal's proceeds to the United Way," Pellegrini said.

Pellegrini is also encouraging businesses to hold workplace campaigns.

"A lot of people, when they hear about workplace campaigns think 'Oh my goodness, it's too much to donate such a large contribution," Pellegrini said. "But it doesn't have to be that much. I'm asking people to donate a dollar a week, and do it for 52 weeks."

If 100 people gave $1 a week for 52 weeks, Pellegrini said that would mean $5,200 for the United Way.

"That's the kind of thing we're asking people to do. We're asking them to give what they can comfortably give."

Even if people live in one city and work in another, Pellegrini said they could participate in their workplace's campaign and "earmark their contributions for the community where they live."

"That's what I do, because I want my annual contribution to help people where I live."

Pellegrini would also like to see children support the United Way in their school communities.

"Participating in the campaign teaches your children the notion of giving to someone other than themselves," Pellegrini said.

"It's about teaching them the spirit of giving and that's as important as anything else."

The United Way of Niagara Falls and Greater Fort Erie supports organizations such as the Adult Literacy Council of Greater Fort Erie, AIDS Niagara, Big Brothers Big Sisters of South Niagara and the Boys and Girls Club of Niagara.

Pellegrini said it's important for people to recognize how the United Way helps the community.

"Everyone knows someone who has accessed a service on our list one way or another," she said. "About one in three people will access United Way funded programs and services this year."

For more information about Fort Erie's fundraising campaign visit online at www.unitedwayniagara.org or call 905-354-9342.

sarah.ferguson@sunmedia.ca

THE TOWN OF FORT ERIE

1 Municipal Centre Drive, Fort Erie, ON, L2A 2S6
(905) 871-1600 • Fax (905) 871-4022 • www.forterie.on.ca
EMERGENCY TELEPHONE INFORMATION 905-871-1600
RADIO EMERGENCY INFORMATION 91.7 FM - 105.7 FM - 610 AM

FORT ERIE ONTARIO
Our Focus: Your Future

EMPLOYMENT OPPORTUNITY
COMPETITION NO. 25-2014
BUILDING/PLUMBING INSPECTOR

Reporting to the Chief Building Official, you will perform plans examination, inspection, enforcement and advisory services in accordance with the Building Code Act, municipal by-laws and other related legislation. At a minimum, you have a three year college diploma in Construction Engineering Technology or related field plus Ministry of Municipal Affairs and Housing qualifications in General Legal/Process, Small Buildings and Plumbing – House. For more information, go to www.town.forterie.on.ca under Town Hall, then click on Employment Opportunities. The deadline is 12:00 Noon on Wednesday, October 8, 2014.

ATTENTION SENIORS
SENIOR'S UTILITY RELIEF FUND (SURF) PROGRAM

A $100 WATER ACCOUNT CREDIT IS AVAILABLE TO THOSE WHO QUALIFY

QUALIFICATIONS:

- A Town of Fort Erie water customer
- A Town of Fort Erie property owner and residing at the property
- Age 65 years or over on December 31, 2013
- Receiving the Federal Government Guaranteed Income Supplement

Applicants must meet ALL of the above criteria in order to qualify and the following documentation must be provided with the completed application.

- Proof of age – Birth Certificate, Passport, Driver's Licence or Senior's Card
- Proof of Guaranteed Income Supplement – Notice of Qualification or copy of 2013 T4A-OAS showing income in box 21

SURF applications are available at Town Hall
1 Municipal Centre Drive, Fort Erie, Ontario
and on the Town's website @ www.forterie.ca

Application deadline is October 31, 2014

For more information, please contact Town Hall at (905) 871-1600

FORT ERIE ONTARIO
Our Focus: Your Future

STUDENT EMPLOYMENT OPPORTUNITY
ARENA ATTENDANT

As an **Arena Attendant**, you will assist regular staff in the maintenance and operation of the Leisureplex and Crystal-Ridge Arenas. Duties include ice maintenance, housekeeping, janitorial, maintenance and minor repairs, snow removal/salting/sanding and special event set-up and teardown. Work is scheduled after school and on weekends, to a maximum of 24 hours a week. You must be at least 14 years of age. General qualifications include: customer focus; flexibility; safe work habits; teamwork; achievement orientation, and ability to understand and follow instructions. The selection of candidates includes a random element. Successful candidates will earn minimum wage.

Fort Erie...a Town proud of its past, excited about today and building for tomorrow

Submit a resume and cover letter by 12:00 NOON EDT on **FRIDAY, OCTOBER 10, 2014** to: Competition No. 24-2014, Human Resources, Town of Fort Erie, 1 Municipal Centre Drive, Fort Erie, ON, L2A 2S6. Fax: 905 871 4022. email: sward@forterie.on.ca (MS Word, OpenOffice or pdf). More information is available @ www.town.forterie.on.ca under Town Hall. Candidates selected for an interview will be contacted. The evaluation process may include a practical assessment. Personal information is collected under the *Municipal Act, 2001* for employee selection purposes. The Town of Fort Erie is an equal opportunity employer. Accommodation is available to candidates upon request.

Water filtration scam

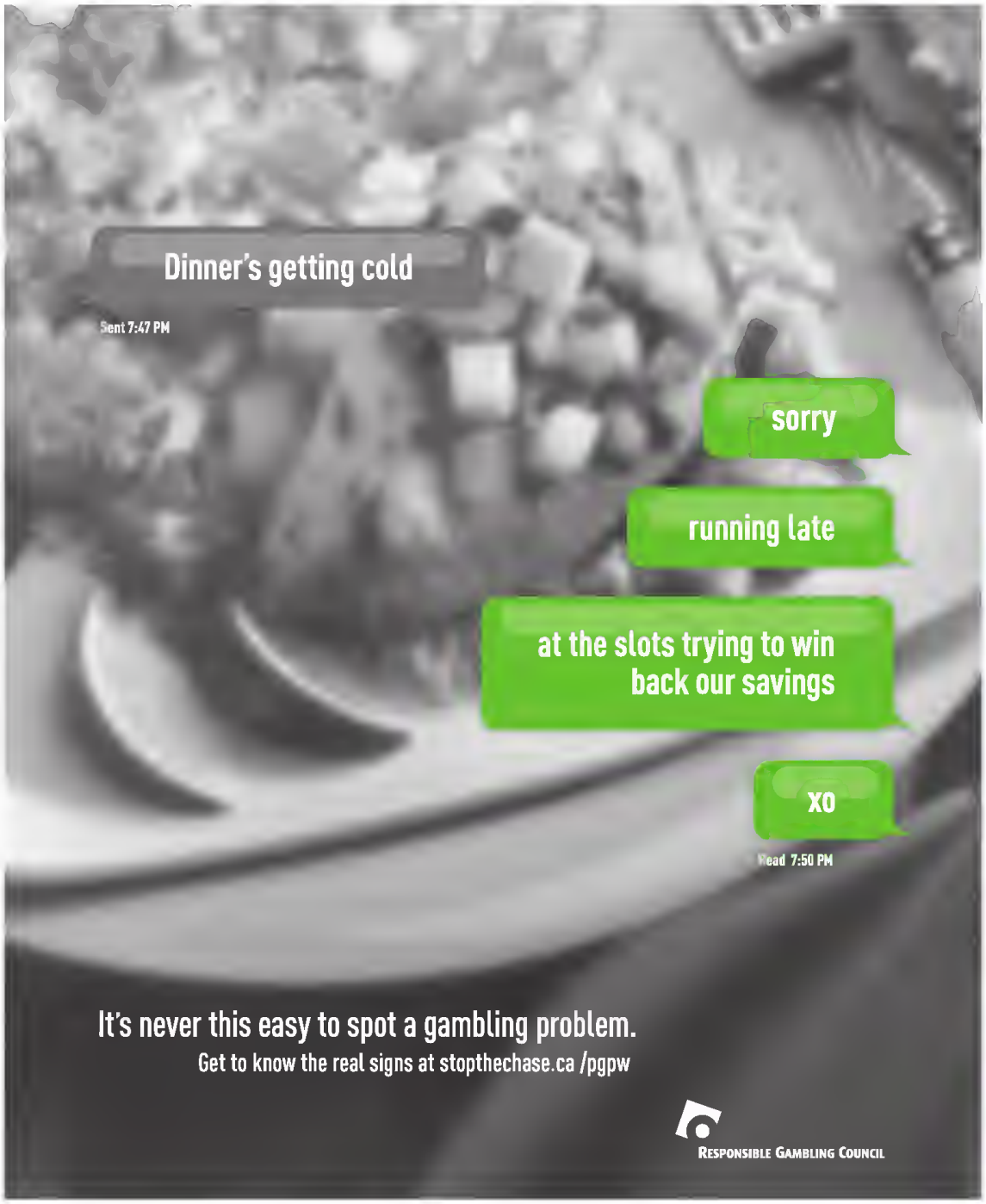
Niagara Region is advising residents to be alert to door-to-door salespersons in the area attempting to sell in-home water filtration systems.

In a release, it says these people are not affiliated with, and do not represent Niagara Region.

The Region treats and provides drinking water to 11 Niagaraarea municipalities that provide drinking water to homes and businesses.

The Region says drinking water in Niagara continues to be safe, and meets or exceeds all drinking water standards legislated by Ontario.

People with concerns about water quality can contact their local municipality or Niagara Region at 905-984-3624.



Gambling Support Services (CASON)
905-684-1859

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905-871-6886 • 231 Garrison Road, Fort Erie
MONDAY - SATURDAY • OPEN 9AM - 6PM

FRIDAY'S
Couple's Night
ONLY $21 +HST PER PERSON
Starting Friday May 2nd anytime after 1pm
INCLUDES
Golf, Cart and Steak Dinner.
Fort Erie GOLF CLUB
905-991-8883
1640 Garrison Road
Fort Erie

PUTTING PEOPLE FIRST

GEORGE MCDERMOTT
SPEAKING TO TOWN ISSUES

- SENIORS ISSUES: Senior citizens make up 17.7% of the population of Niagara and that number will grow significantly in the near future as baby boomers who make up 29.9% reach their senior years. In Niagara there are 1900 seniors on waiting lists for long term health facilities. It is clear that our next council should begin discussions with the region and the Province to find solutions to this problem before the growing sector of seniors are left behind and without the healthcare and housing that they require and need. There is also a growing need for more supportive housing for seniors that can function totally on their own. If elected, I will work to find solutions in this area and will work with our regional councillor and the province and urge them to make this a priority in their deliberations.
- TRANSPORTATION: The next council must find a way to make Fort Erie Transit a system that is inclusive to the whole community and not just segments of it. I know this was part of the discussion at the roundtable we had with the Premier and if we need a larger share of the gas tax put toward transportation we should be doing what we can to obtain those dollars.
- DEVELOPMENT AND GROWTH: It is clear that Fort Erie needs to increase it's effort in growing our residential and commercial sectors. We need new residents to share our taxes with and to sustain our local business districts who have been patiently waiting for a economic revival in our town . We need more commercial development to increase our tax base and to create Jobs for local people who are without work. We need councillors that will support clearing any hurdles that we face in making the Canadian Motor Speedway and the Millers Marina Project a reality and to support every effort of the new owners of the Fori Erie Racetrack in developing their land further for the betterment of Fort Erie's economy.
- HEALTHCARE: As a former member of the Mayor's Hospital Task Force I have worked hard to ensure that Fort Erie does not get shortchanged when it comes to the delivery of healthcare services. I have met with two Premiers and three Ministers of Health encouraging them to support our efforts in making Fort Erie a part of the solution to make Niagara's healthcare better. Since that time DMH has been a very effective 24/7 UCC with very low wait times , we have increased our health service and continue to do so, and we have added a new Palliative Care Unit. Just as important we are not that far away from building a new South Niagara Hospital which will help to bring new specialists and doctors to Niagara as well as a state of the art hospital that will compliment the one already built in St Catharines. In my role as an advocate I also worked to get the Provincial funding for the Bridge Community Health Center which has proved to be a very effective piece of our healthcare puzzle. You can trust me when it comes to healthcare as I have a record to stand on and I will continue to fight to make sure that our seniors and families get healthcare that is constant and meets the needs of all who live here.

ELECT GEORGE MCDERMOTT
COUNCILLOR IN WARD ONE

FOR AN ELECTION SIGN
GO TO OUR FACEBOOK PAGE
politicalsolutionsniagara@yahoo.ca
TO SPEAK TO GEORGE
PHONE 905-871-0356

Happy THANKSGIVING

Bridgewater COUNTRY CLUB

Bridgewater Country Club Restaurant
Public is Welcomed

Stop in and enjoy a delicious meal prepared by our new Chef Wayne Purpura
Enjoy the Panoramic view from our Dining Room, Grill Room or from the fresh air and sun of our Patio

RESERVATIONS ONLY $16.95 PER PERSON

Open for Lunch and Dinner
Tuesday to Sunday from 11:00 AM till 9:00 PM

Daily Lunch and Dinner Specials
Serving Breakfast on Saturday & Sunday
8:00 AM till 11:30 AM

FRIDAY NIGHT FISH FRY SPECIAL
ONLY $10.95 and includes
Starter Salad and Chef's Complimentary Dessert

EARLY BIRD SPECIAL ONLY $8.95
served from 4:00 to 5:00
eat in only

SATURDAY NIGHT PRIME RIB SPECIAL
Reservations Only for Prime Rib Special

Choice of Soup or Salad
Shrimp Cocktail for 2
Prime Rib served with mashed potatoes, vegetables and Yorkshire Pudding
Glass of Red Wine
Complimentary Dessert
8 ounce cut - $45.00 per couple
10 ounce cut - $54.00 per couple
No substitutions please
OUR REGULAR MENU IS ALSO AVAILABLE

We are now taking reservations for our THANKSGIVING DINNER

Sunday, October 12th and Monday October 13th

Visit out website for more information

700 Gilmore Road, Fort Erie, 905-871-2400 ext 28
www.bridgewatercountryclub.com

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Samsung LED TV

OCTOBER 3 – OCTOBER 30, 2014

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60" UN60H6350
65" UN65H6350

- Full HD 1080p
- Clear Motion Rate 240
- Quad Core Processor
- Smart Hub
- Full Web Browser

SAMSUNG H07000 SERIES UHD LED HDTV

40" UN40HU7000
55" UN55HU7000

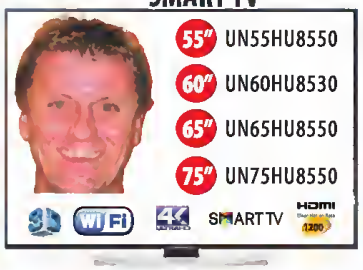
- Uhd Up-Scaling
- Quad Core Processor
- Smart Hub
- Smart Control Remote

SAMSUNG H8000 CURVED FULL HD LED HDTV

55" UN55H8000
65" UN65H8000

- 1920 x 1080 Resolution
- 1200 Clear Motion Rate
- Quad Cone Plus
- 4 3D Glasses Included

SAMSUNG 4K HU8550 SERIES SMART TV



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- 3840x2160 Resolution
- DTS Premium Sound 5.1
- 1440 Clear Motion Rate
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- Multi-Screen (Dual Quad Screen)
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- Voice Interaction
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- Motion Control

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MRX 510 7.1 NETWORKED 4K
- 100 Watt RM5 Networked 4K Upscaling Receiver

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- 120 Watt RMS Networked 4K Upscaling Receiver

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SONY HTCT260 2.1 SOUNDBAR WITH SUBWOOFER

- 2.1 Channel
- 300W Soundbar
- Bluetooth® Audio

Reg. $349.99 — SAVE $100 — $249.99

LG NB3740 320W 4.1 CHANNEL STREAMING SOUNDBAR WITH WIRELESS SUBWOOFER

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- 150W
- Dolby Digital

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- Three 1/2" silk dome tweeters
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READERS' CHOICE WINNER BEST ELECTRONICS STORE 2011 2012 2013 2014

Monday to Wednesday	10am-7pm
Thursday and Fridays	10am-9pm
Saturdays	10am-6pm
Sundays	12pm-5pm

Fort Erie's Finest Survey

New Categories added

It's that time of year again...

cast your vote for Fort Erie's Finest 2014. This annual award is determined by you. Simply indicate your favourite person or business for each category listed below.

Deadline for entries is Saturday, October 25th, 2014. Once you've filled in your selections for Fort Erie's Finest, please tear out page and mail or drop off to The Fort Erie Times, 336 Central Ave., Fort Erie L2A 3T6.

No facsmiles accepted. Emails with "My Vote" in subject line to myra.robertson@sunmedia.ca by midnight October 25th.

Only categories listed will be considered for awards

Restaurants

Best View _____
Breakfast Special _____
Chicken Wings _____
Chinese Cuisine _____
Coffee _____
Dessert _____
Donuts _____
Drive-Thru _____
Fish & Chips _____
French Fries _____
Hamburgers _____
Healthy Alternatives _____
Ice Cream _____
Italian Dishes _____
Local Chef _____
Pizza _____
Poutine _____
Ribs _____
Sandwiches _____
Smoothies _____
Spaghetti _____
Steak _____
Subs _____
Sushi _____
Tacos _____
Waiter/Waitress _____

Bars

Bartender _____
Waiter/Waitress _____
Party Bar _____
Sports Bar _____

Grocery Stores *(Please Be Specific)*

Bakery _____
Dairy _____
Deli _____
Meat _____
Price _____
Produce _____
Selection _____
Seafood _____
Cheese _____

Services

Accountant _____
Auto Repair Shop _____
Business Consultant _____
Butcher _____
Auto Body Shop _____
Car Wash _____
Carpet Cleaners _____
Caterer _____
Cell Phone Repairs/Services _____
Chiropractor _____
Community Focussed _____
Dance Studio/Classes _____
Day Care _____
Dentist _____
Doctor _____
Dog Training _____
Dry Cleaners _____
Electrician _____
Esthetics _____
Financial Institution _____
Financial Planner _____
Fitness Instructor _____
Funeral Director _____
Gas Station _____
Golf Course _____
Gym _____
Hair Salon _____
Hairstylist _____
Heating/Air Conditioning _____
Home Based Business _____
Home Repair _____
Independent Dental Hygienist _____
Insurance Agent _____
Insurance Company _____
Lawn Care _____
Lawyer _____
Limousines _____
Local Politician _____
Locksmith _____
Lube, Oil & Filter _____
Martial Arts _____
Massage Therapist _____
Mortgage Broker _____
Make Your Own Wine _____
Muffler Shop _____
Nutritionist _____
Optometrist _____
Paving Company _____
Pest Control _____
Pet Groomer _____
Photographer _____
Physiotherapist _____
Plumber _____
Real Estate Agent _____
Real Estate Company _____
Rental Equipment _____
Retirement Home _____
Roofing Company _____
Siding _____
Spa Services _____
Tanning Salon _____
Tax Preparer _____
Teacher _____
Travel Agency _____
Upholsterer _____
Veterinarian _____
Wellness Expert _____
Windows _____
New Car Sales _____
Volunteer _____

Stores

Appliance Store _____
Auto Parts _____
Auto Recycler _____
Bicycle Shop _____
Blinds _____
Carpet / Flooring Store _____
Chocolate Store _____
Clothing Store _____
Convenience Store _____
Flooring Store _____
Drug Store _____
E-Cigarettes _____
Electronics Store _____
Florist _____
Frame/Art Supply Store _____
Garden Centre _____
Gift Baskets _____
Hardware Store _____
Boating/Marine Supplies _____
Jewellery Store _____
Lumber Yard _____
Optical Store _____
Paint/Wallpaper Store _____
Pet Supplies _____
E-Scooters _____
Tackle Shop _____
Tire Store _____
Unique Gift Store _____
Used Car Dealer _____
Used Clothing _____
Window Coverings _____
Women's Clothing _____
Vacuum Sales & Services _____

what's up Fort Erie!

WELCOME ALL HUMANS AND THEIR PETS!

Bring your scoly, fury or feothery friends to church
for our first service to bless the onimols thot bless our lives.

Blessing of the Animols Service
Peoples Memorial United Church
(corner of Dominion ond Ridge Rds)
Ridgewoy
Sunday, October 5 at 10 am
Pleose keep onimols leoshed ond controlled for
everyone's sofety ond comfort.

Notify people of your Stag and Doe, Birthday, registration or any other upcoming event.

Please call for details.

905-871-3100

Stevensville Kinettes and Kinsmen

Invite you to a Candidates Night
Mayoral and Regional Candidates
October 9th at the Stevensville Memorial Hall
Meet and Greet at 6:00pm
Opening Remarks at 6:45pm

Those who ottend moy submit written questions thot night.
Word 6 ond School Boord Condidotes will be
ottending the Meet ond Greet.

All Are Welcome

TRIVIA NIGHT

Friday,
October 3rd, 2014
Doors open at 6:30 pm Starts at 7:00 pm sharp

HOSTED BY
All Saints' Anglican Church - Ridgeway
@ Crystal Ridge Community Centre
Ridge Rd South
(attached to the Arena)

* $15.00 PER PERSON
* MAXIMUM OF 8 PER TABLE
* PRIZE FOR WINNING TABLE
* CASH BAR / SILENT AUCTION
* FREE SNACKS & PIZZA (from Aneta Pizzeria)
** BYOB - BRING YOUR OWN BRAIN!!!
(No electronic devices permitted)

For tickets or more information please contact: Sandy White at (289) 876-8400

RIO VISTA GOLF CLUB
EST 1933
A Stanley Thompson Design

SNOW BIRD TOURNAMENT

Saturday October 18th
2 Person Scramble
Includes:
Golf, Cart, Chili, Italian Bread, Refreshments and Prizes For ALL!
9 Holes - $20 per person - non member, $15 per person - member
18 Holes - $30 per person - non member, $20 per person - member
CALL TO RESERVE YOUR SPOT

PRO SHOP SPECIALS

Ladies & Mens Antigua Shirts $15
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Ladies Callaway Shoes $40

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Friends Of Fort Erie's Creeks
1465 Thompson Rd. Fort Erie, Ontario Phone: 905.871.3050

Friends of Fort Erie's Creeks receive support for watershed restoration activities

The Friends of Fort Erie's Creeks (FOFEC) have received a $62,000 grant from the Ontario Trillium Foundation - an agency of the Government of Ontario and Canada's leading grant-maker - to maintain ecosystem restoration work and conduct and document water and soil quality assessments in Fort Erie through 2015. The related works will include riparian restoration (tree planting) on Beaver Creek to facilitate improvements to water quality and species diversity, and barrier removal on Frenchman's Creek to restore hydrological function.

Additionally, FOFEC will use this opportunity to train local secondary and post-secondary co-op students in environmental restoration and monitoring protocol using the latest environmental sampling procedures; an ongoing FOFEC objective intended to promote environmental stewardship and support the future scholastic/career ambitions of local youth.

FOFEC wishes to acknowledge the Ontario Trillium Foundation's mission - to build healthy and vibrant communities throughout Ontario by strengthening the capacity of the voluntary sector, through investments in community-based initiatives.

After school programing receives funding

SONDRA BARRETT Special to The Times

RBC After School Projects has renewed funding for another year in order for the Fort Erie Multicultural Centre to be able to host after school programs Monday through Friday at Peace Bridge Public School. The program began on Sept. 29 and runs from 3:30pm-5:45pm. Volunteers are needed to assist with the program. Adults who may be looking to share their experience in a fun environment with children and high-school youth needing their community service hours for graduation are welcome. Please call Sondra Barrett at 905-871-3641 ex.41. From left, RBC Ridgeway Branch Manager, Tracie Miskolczi, Fort Erie Multicultural Centre executive director, Martha Mason, after school program coordinator Sondra Barrett and RBC Fort Erie branch manager Chris Sullivan.

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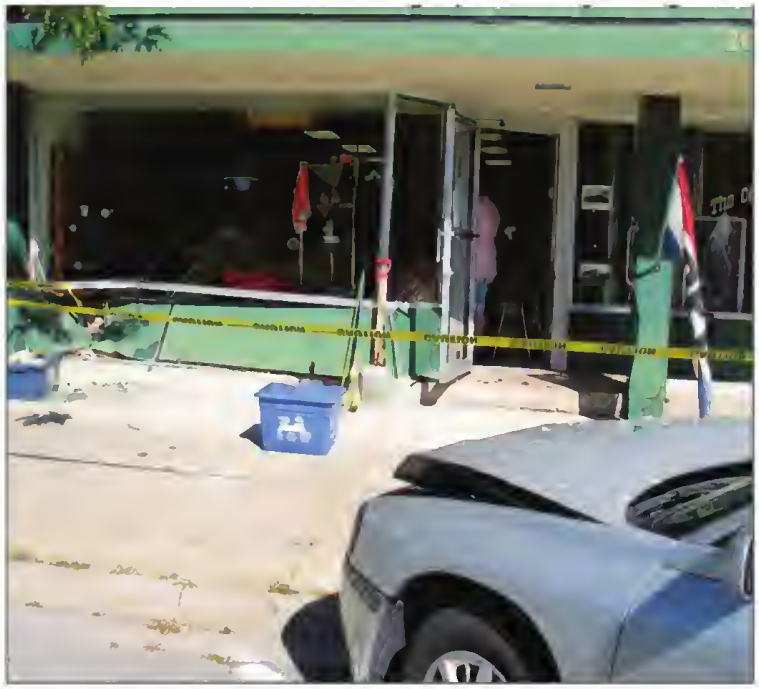

HARRY ROSETTANI Special to The Times

A 92 year-old driver crashed his car into a building at 206 Jarvis St., at 11 a.m. on Saturday, Sept. 27,

Fort Erie man charged with careless driving

Sarah Ferguson
Fort Erie Times

A 92 year-old male was charged with careless driving after he crashed his car into a building on Jarvis St., Saturday Sept. 27.

The Niagara Regional Police were called to 206 Jarvis St., at 11 a.m., after a male driver attempted to park his car and mistook the acceleration pedal for the brake pedal, launching his vehicle into the building, Const. Rich Gadreau said.

There were two people in the vehicle. Gadreau said the driver was taken to hospital and treated with minor injuries.

sarah.ferguson@sunmedia.ca

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Photo submitted by: Lynda Collet

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Myra Robertson
myra.robertson@sunmedia.ca
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Running in memory of Terry Fox

SARAH FERGUSON Fort Erie Times

More than 500 students from Our Lady of Catholic Elementary School participated in the school's annual Terry Fox Run last Thursday. The Terry Fox Run is held each year in commemoration of Canadian cancer activist Terry Fox, and his Marathon of Hope, and to raise money for cancer research.

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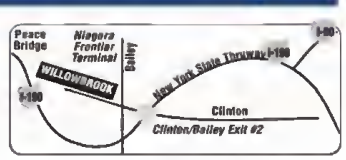

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Charity grateful for support from community

Sarah Ferguson
Fort Erie Times

Martha Beroud couldn't have asked for a better turn out at this year's Lions Sugar Bowl Park Walk and Roll Saturday.

"I think we had over more than double the people that attended last year, the executive director of South Niagara Life Ministries said.

More than 150 people attended the annual event at Sugar Bowl Park, which is the main fundraiser for the Christian charity.

"I am not sure of the exact totals, but I think we raised over $15,000 (Saturday)," Beroud said.

"More donations will come in during the next month from people who couldn't attend (Saturday's) event but still want to make a contribution."

The Walk and Roll featured a five kilometre walk in the park, followed by a barbecue, a tree dedication, live music, and children's activities.

All of the proceeds help South Niagara Life Ministries provide free counselling for anyone who needs it, regardless of their age or religion from its office on Gilmore Rd.

Beroud said she is grateful for all of the support the charity receives.

"We count on this fundraiser every year because we don't receive any type of funding from the government."

For more information about South Niagara Life Ministries call 905-871-0236 or visit online at www.snlmcounsel.ca

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- Depression, anxiety
- Family relationships, marriage
- Parenting issues
- Death, grief, spiritual

SARAH FERGUSON Fort Erie Times

Mataya Marr, 10 and Westen Marr, 8, decorated cup cakes at the Lions Sugar Bowl Park Walk and Roll Saturday, Sept. 27. The fundraiser benefited South Niagara Life Ministries, a charity that provides crisis counselling to people free of charge.

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Children are Kamatovic's first priority

School board trustee says he has experience and skills to serve Fort Erie and Port Colborne as the next District School Board of Niagara trustee

Mike Kamatovic

Sarah Ferguson
Fort Erie Times

Mike Kamatovic's first priority is children.

That's why the retired teacher, who lives in Fort Erie, has set his sights on becoming the next District School Board of Niagara trustee serving Fort Erie and Port Colborne.

Kamatovic's competition in the Oct. 27 election includes Gregg Dame, Lesley Ann Romano and current trustee Dave Schaubel.

Kamatovic was a secondary school teacher and administrator for more than 30 years and has served his community as a volunteer.

He has coached minor hockey, soccer and baseball. Kamatovic has also served the Kinsmen and Optimist Clubs. He also volunteered for the Royal Canadian Legion Branch 71.

"I have spent my life organizing, advocating and helping create coalitions that make change and support communities like ours," he said.

According to Kamatovic, "children are the most important" and he wants to continue to invest his time and energy into education for youth.

"You always hear that the kids are our future. We need to give them the best opportunities and help them achieve their goals," Kamatovic said.

Kamatovic believes "strong decision making requires balancing of needs, concerns and the ability to see long term implications of one's actions."

"I will ensure public input and debate on issues that are concerning you about what is best for the education of our children," he added.

If elected as school board trustee, Kamatovic said he will "promote confidence in public education."

He will also "be the voice of the parents and tax payers that push for programs that increase student success."

Kamatovic said he is up to the challenge of serving Fort Erie and Port Colborne as the trustee for both communities.

"I have the experience and skills to grasp the challenges, issues and opportunities facing our school system."

sarah.ferguson@sunmedia.ca

Gardens of the Week

Photos Courtesy P. Bossert

The components of these gardens are what we would consider ordinary—nothing exotic or unusual, yet they all demonstrate how a striking display can be created. Take the ideas you see in all of the Gardens of the Week to inspire your own eye-catching displays...whatever 'ordinary' components you decide to use.

Communities in Bloom / Collectivités en fleurs

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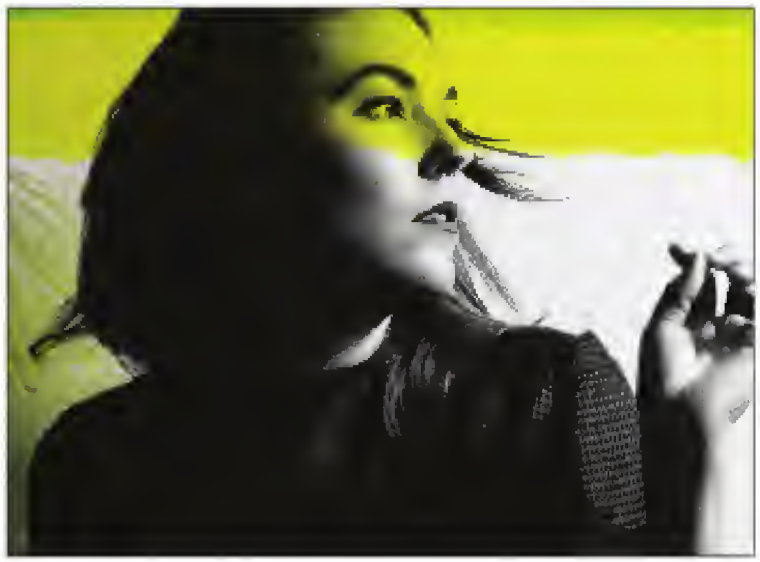
Communities-in-Bloom is committed to fostering civic pride, environmental responsibility and beautification through community involvement and the challenge of a national program, with a focus on enhancing green spaces in communities.

VALERY GORE Special to The Times

Ridgeway native Valery Gore will perform at the Sanctuary Centre for the Arts on Oct. 4.



Ridgeway native debuts new music in hometown

Sarah Ferguson
Fort Erie Times

Valery Gore is proud to return to her hometown to perform in front of her family and friends.

The Ridgeway native is set to rock the stage at the Sanctuary Centre for the Arts, at 209 Ridge Rd. North, on Oct. 4.

"I've been saying this the last few times I came home. It's kind of incredible how much Ridgeway has changed since I was growing up there," the 32 year-old musician said.

"Nothing like it (the Sanctuary) existed before. It's a really beautiful venue and it's really enjoyable to play."

Gore will perform songs from her third album, Idols In The Dark Heart. Gore's new album debuted on Sept. 9, and she said she is looking forward to sharing her new work in such an intimate setting such as the Sanctuary.

Gore said her new album was "four years in the making." The music "charters a course across the turbulent waters of human relationships, encountering love, loss, and the shadows of nostalgia and doubt."

"The music is definitely influenced by my years of jazz training, Gore said.

"This album is a meeting of traditional acoustic melding with synth music and digital programing and electronic soundscapes."

Gore is a pianist who studied jazz studies at Humber College. For more information about Gore, visit her web site at www.valerygore.com.

Doors open at the Sanctuary at 8 p.m. and the concert begins at $9. Tickets are $15 per person and can be purchased online at www.ticketscene.ca/events/11083.

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Who should get immunized? The following is a list from the recommended guidelines.

PEOPLE AT HIGH RISK OF INFLUENZA-RELATED COMPLICATIONS, INCLUDING:
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  - DIABETES MELLITUS AND OTHER METABOLIC DISEASES
  - CANCER, IMMUNODEFICIENCY, IMMUNOSUPPRESSION
  - RENAL DISEASE
  - ANEMIA
- CHILDREN AND ADOLESCENTS WITH CONDITIONS TREATED FOR LONG PERIODS WITH ASPIRIN
- ALL RESIDENTS OF NURSING HOMES OR OTHER CHRONIC CARE FACILITIES
- SENIORS AGED 65 YEARS OR OLDER
- PREGNANT WOMEN
- CHILDREN AGED 6 MONTHS TO 23 MONTHS OF AGE
- PERSONS WHO ARE MORBIDLY OBESE
- ABORIGINAL PEOPLES

PEOPLE CAPABLE OF TRANSMITTING INFLUENZA TO THOSE AT HIGH RISK OF COMPLICATIONS, INCLUDING:
- HEALTH CARE AND OTHER CARE PROVIDERS
- HOUSEHOLD CONTACTS OF THOSE AT HIGH RISK AND TO INFANTS LESS THAN SIX MONTHS
- MEMBERS OF A HOUSEHOLD EXPECTING A NEWBORN DURING FLU SEASON
- WOMEN AT ALL STAGES OF PREGNANCY OR BREASTFEEDING MOTHERS
- THOSE PROVIDING REGULAR CHILD CARE TO CHILDREN 0-23 MONTHS
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SARAH FERGUSON Fort Erie Times

Nine-year-old Tucker Wood of Stevensville won seven checkered flags in his year racing go karts at Merrittville Speedway.

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Moya O'Connell in *The Philadelphia Story*. Photo by David Cooper

Need for speed realized

Sarah Ferguson
Fort Erie Times

Tucker Wood has a need for speed.

With 13 wins under his belt, the nine-year-old from Stevensville finished a successful rookie season at the Merrittville Speedway. He was named the New York Dirt Kart Series Junior Red Plate Clone Championship at a U.S. track and the points champion at his hometown track in Thorold.

Tucker says he is already looking forward to next year when he can get behind the wheel of his go kart and race on the dirt track.

"I like the speed, and racing on dirt is fun," he says.

"The sport is always competitive and you've got to give it 110%."

The best part about driving, Tucker says, is "sliding sideways in the corners."

He credits much of his success in his first year of racing to his family. When Tucker races every Tuesday night at Merrittville, his grandfather, his parents and his sister are his pit crew.

Tucker's dad, Brett Wood, a former racer, teaches Tucker how to repair and maintain his go kart.

"I try to teach him about the mechanics of his car so (Tucker) understands what's going on," Brett Wood says.

"It makes him a better driver."

Preparing for a race requires many of hours spent in the garage fine-tuning the race vehicle, according to the father.

"I think racing is a great sport. It teaches maturity and responsibility," he says.

"I know where Tucker will be on Friday and Saturday nights while he is growing up. He'll be in the garage working on his car, or on the track and racing."

Tucker and his dad are grateful for the support they received from their sponsors which include La Belle Elle Medical Aesthetics, Bilagot Energy, Finlayson Tire, AutoMate Vehicle Sales, Central Pizza and Dad's Garage.

"We've been very fortunate with sponsors this year," Brett Wood says.

"We wouldn't have been able to accomplish what we did without their support."

Tucker says he decided give back to the community by donating all of his winnings next season to a charity in Fort Erie that will be decided in the next few months. He is urging business owners to sponsor him by matching his earnings and donate it to charity.

"My dad asked me if I wanted to do something to give back to the community and I said yes."

Brett Wood says it's important that his family gives back to the community because Tucker has received so much support.

"It's a two-way street. Sometimes, you need to give back as much as you receive," he says.

For more information or to sponsor Tucker during the 2015-racing season, call the Woods at 289-241-7472.

sarah.ferguson@sunmedia.ca

Volunteering is good for the soul

SARAH FERGUSON Fort Erie Times

Culinary students and staff from Fort Erie Secondary School assisted volunteers in serving up hot lunches at St. Paul's Anglican Church on Idylewylde Ave. on Saturday. Lunch is provided at the church every fourth Saturday of the month as part of the Food For The Soul Program. From left, teacher Afshin Keyvani, Richard Lee, Jaime Lachance, Rikelle Barber, Michelle Corry, deacon Rod McDowell and Claudio Marchese. For more information about the Food For The Soul program call the church at 905-871-6704.

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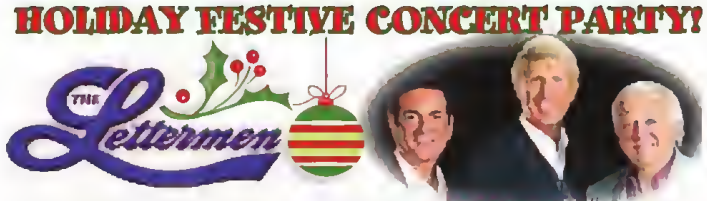

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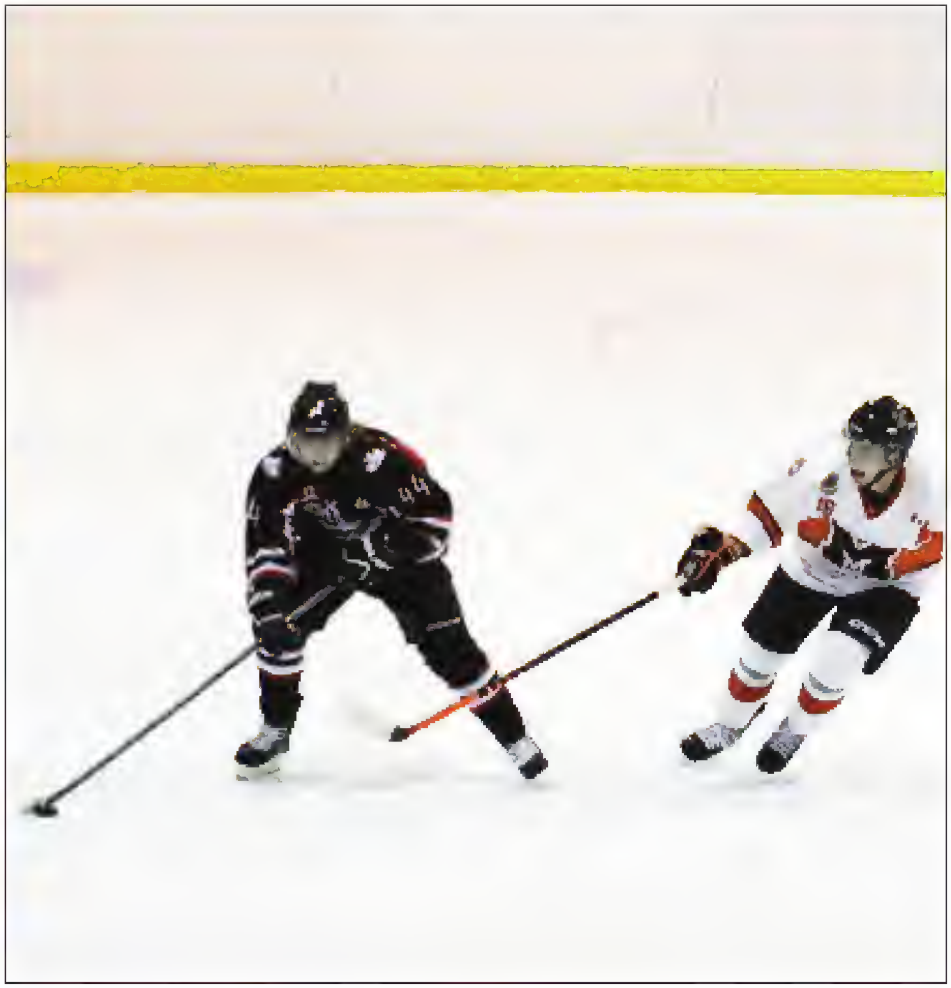


SARAH FERGUSON Fort Erie Times

The Fort Erie Meteors edged the Niagara Falls Canucks 3-1 Saturday.

Meteors win two of three

Sarah Ferguson
Fort Erie Times

Hungry for a victory against their rivals, the Fort Erie Meteors defeated the Niagara Falls Canucks 3-1 Saturday in Greater Ontario Junior Hockey League, Golden Horseshoe Conference action.

"We should have earned six points this week, but I am proud of the way they (the Meteors) played," head coach Rob Hubbert said about Saturday's game at the Fort Erie Leisureplex.

"They were tenacious and on the puck."

Meteors rookie Romaeo D'Intino scored the first goal of the night 10:43 into the first period.

Mac Hollowell replied, earning a goal for the Canucks 13:02 on a power play.

Hurren Alex broke the 1-1 tie in the first period, bringing the score 2-1 in favour of the Meteors as they headed into the second period.

Holden Garlent scored the final goal of the night 9:10 in the second period, sealing the victory for the Meteors.

Hubbert said Sebastian Iannone "filled in admirably" as a goalie last week, and made "some key saves" which added "to the complexity of the game."

"At the end of the day, we picked up a few more points and these guys worked their behinds off," Hubbert said.

The Meteors were busy on the ice last week having played three games in three days. They upset the defending Sutherland Cup champion Caledonia Corvairs 1-0 last Thursday night and lost to Niagara Falls 4-3 last Friday night.

"I was disappointed about (Friday night's game against the Canucks," Hubbert said.

"We were winning 3-1 by the end of the second period but Niagara Falls managed to score a last minute goal (in the second period) and another two in the third."

Wade Kenny, Garlent, and Devin Darrah scored for the Meteors Friday.

Christian Lea, Austin Wright, Frank Pucci and Nigel Slade scored for Niagara Falls.

Dylan Pietragelo made 23 saves in goal for the win.

The Meteors returned to the ice Tuesday when they hit the road to play the Pelham Pirates at Pelham Arena.

Tuesday night's game results were not available before press time. Visit www.forterietimes.ca for more Meteors action.

Gators defeat visiting Fighting Irish

BERND FRANKE QMI Agency Niagara

Lakeshore Catholic High School's Mack Jones, No. 1, rushed. against Notre Dame in triple A senior high school football. The Gators defeated Notre Dame's Fighting Irish in a 63-24 victory last Thursday in Port Colborne.

All Candidates Nights

The public is invited to these free information forums
Meet & Greet 6pm to 6:30 pm
Question & Answer Period 6:45—9 pm

Thursday, October 2–
Councillor Candidates in Wards 4, 5, 6 (Ridgeway, Stevensville, Crystal Beach)
at Stevensville Memorial Hall, 2508 Stevensville Rd.

Tuesday, October 7–
Councillor Candidates in Wards 1, 2, 3 (Bridgeburg, Fort Erie, Crescent Park)
at FE Leisureplex Banquet Hall, Fort Erie

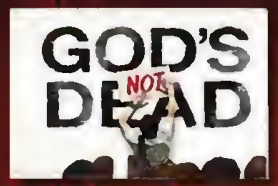
Thursday, October 16–
Candidates for Mayor & Regional Council
at FE Leisureplex Banquet Hall, Fort Erie

School board trustees have been invited to participate in the Meet & Greet sessions!

www.forteriechamber.com
905-871-3803

GREATER FORT ERIE CHAMBER OF COMMERCE

Movie Night



THURSDAY, OCTOBER 9TH
FREE

ALL ARE WELCOME!

ALL NATIONS MISSION CENTRE
3397 Garrison Rd, HWY3, Ridgeway Corner of Burleigh Rd

MOVIE TIME - 7 PM

Rated PG for thematic material, brief violence and an accident scene.

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BRICKS & Bouquets

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$27 Bargain Books
$500 Letter Games
905-994-0505

Bouquet for ball players

A bouquet for all the ball players and their families that played ball at Ott Road ball fields. It was a pleasure to get to know you and your well mannered children. And hats off to the town employee that took care of the diamonds on the mixed league tournament. You went above and beyond your obligations for the players' safety after the rain. It was very much appreciated. See you next year—the Snack Bar Girls.

Brick for lady who talks with her hands

A brick for the lady talking with her hands. I understand you got very excited when telling your story in a restaurant one evening, but throwing your arms all around? You hit your wine glass and I was covered with chips of glass and wine. Next time, you could at least offer to buy me a drink and apologize. Please have some tact.

Bouquet for vacations

A bouquet for vacations. My family and I just took a lovely little weekend getaway and we were all able to spend time together. What a wonderful way to reconnect and laugh and make new memories.

Brick for youth on a bicycle

A brick for the youngster I saw riding his bike without a helmet. I wish some children, and even adults, would understand the importance of wearing a helmet when riding a bicycle. Helmets save lives and it is so dangerous to be so careless. I hope for this child's sake that he doesn't fall and hit his head. The consequences could be disastrous.

Brick for 'so-called' friends

A brick for the 'so-called' friends of mine who talk about other people behind their backs. I think there is nothing worse when you gossip about other people, and only invite certain people on outings when you want something. You should be ashamed of yourselves.

Bouquet for a husband

A bouquet for my husband who watches my favourite movies with me and takes care of me when I am sick. Some men don't take care of their wives as well as you take care of yours. Thanks for always being there for me when I need you. You are the best husband a woman could ever ask for.

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Fall Classic champions

MICHAEL CLARKSON
Special to The Times

Rio Vista Golf Course held the 3rd annual Fort Erie Secondary School Fall Classic in September. Port Colborne High School won the team trophy. From left, are golf course manager Rob Dunn and winners David Schulz, Jacob Roy and Ethan Scott and low gross champion, Savannah Prokopetz of Welland Centennia Secondary High School. Absent from photo is Port Colborne High School's team member Adam Poehlman and coach Andrew Longley. Low gross for the boys was Ben Krowchuck of Niagara Falls Westlane (76).

SUPPER NIGHT
Friday, October 17th, 2014 • 7:00pm
Italo Canadian Club Sit Down Dinner
Featuring
$20.00 per person
(includes taxes and gratuities)
VEAL PARMIGIANA
PASTA NIGHT
Thursday, October 9th • 4:30pm - 7:30pm
ALL YOU CAN EAT PASTA & MEATBALLS
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OCTOBER 4

CUPCAKE CELEBRATION

Celebrate with the Friends of the Library. Noon-2 p.m.. at the Centennial branch of the Fort Erie Public Library, enjoy a light lunch with cupcakes and music while you join or renew your Friends' membership. The Friends are excited to host Margaret Feaver's colouring book launch at the event. Artist Margaret Feaver has created a colouring book from her art sketches, and will be available to sign copies. The book is $10 and all proceeds go to support special projects at the library.

OCTOBER 7

ANIA SZADO

Ania Szado is the author of The Beginning of Was and Studio Saint Ex. Books available for sale and signing. Sponsored in part by Canada Council for the Arts. Fort Erie Public Library, Centennial branch. 7 p.m. $2.

OCTOBER 16

TEEN BOOK GROUP

Come chat about the books you're reading now in FEPL's Teen Area. Snacks, too. Centennial branch3:30 p.m.

OCTOBER 18

HOW TO FESTIVAL

Come one, come all to our very first How-To Festival! Learn how to make rope, put on hockey equipment, spin the wheel of health, carve wood and much more. All ages are welcome. Bring your family; bring a friend Fort Erie Public Library, Centennial Branch. 11 a.m. to 2 p.m. Free.

OCTOBER 23

HALLOWEEN

It's a spooky time of year! Join us for a story time and craft to get the whole family into the Halloween mood. Space is limited - registration is required. Ages 2 - 7. $2 per child, $5 per family. Story and craft. Fort Erie Public Library Centennial Branch. 3:30 p.m. to 4:30 p.m.

KNITTING FOR ALL

Ages. Ladies of the Bowen Road Women's Institute are available to teach knitting to teens and adults on Mondays and children and teens on Thursdays. Needles and yarn are provided. Fort Erie Public Library. Centennial Branch, Mondays, 6:30 p.m.; Crystal Ridge Branch, Thursdays, 6:30 p.m.

HOMEWORK HELP

Students in K – 8 get homework help at the Centennial branch of the Fort Erie Public Library every weekday afternoon beginning Oct. 6. Snacks provided. Sponsored in part by Business Education Council of Niagara. Contact Tricia at 905-871-2546, ext. 311 or pmcneil@fepl.ca. Mondays to Fridays, 3:30 to 5 p.m.

Classifieds

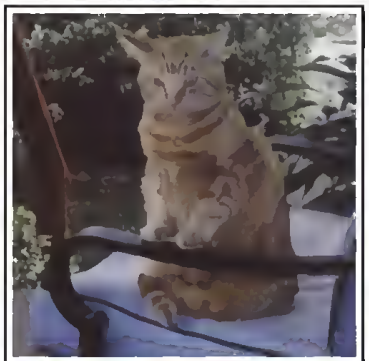
forterietimes.ca/classifieds

Phone: 1-866-541-6757 • Fax: 1-866-485-8461 • Email: forterietimes.classifieds@sunmedia.ca

Miscellaneous

St. Vincent De Paul
36 Jarvis St. 905-871-0203
Used furniture, clothing & household items
Drop off between 10am - 4pm
(After hours drop offs disappear)
We will pick up large items Sat. mornings

Pets Lost & Found



Missing -Phipps St. Area
Large Orange Tabby Cat answers to "Garfield". Reward. 905-871-7320

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Community Events

FALL FEST Crystal Ridge Community Church invites you to their first annual FALL FEST
Saturday October 4, 2014 from 8 a.m. to 2 p.m.
241 Elmwood Ave, Crystal Beach, ON
Come purchase your pumpkins, cornstalks, mums and start your fall or holiday shopping early.

Miscellaneous

LOST Oscar, orange cat, long fur, shrunken left ear, lost from 288 Oxford Ave., Crystal Beach. Reward. 905-894-0618

House For Sale

Chippawa 4812 Lyons Parkway 3 BR/3 BA OPEN HOUSE Sun. 2 -4 10 year old bungalow.2500 fin.sq.ft. 26x36 garage! 60x150 yard. Open concept with cathedral ceilings and granite counter tops. Covered deck.Beautifully landscaped.Finished basement with separate entrance, 2 fire places, rec room, workshop, cold cellar, bathroom and optional bedroom. Covered front porch on quiet dead end street. Call to view. For Sale by Owner, $389,000
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The Fort Erie Times

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Ridgeway
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Legals

NOTICE TO CREDITORS

All claims against the Estate of DAVINA PUTNEY, late of the Town of Fort Erie, in the Regional Municipality of Niagara, who died on or about the 11th day of September, 2014, must be filed with the undersigned personal representative on or before November 21st, 2014, thereafter, the undersigned will distribute the assets of the said Estate, having regard only to the claims then filed.

DATED at Fort Erie,
this 17th day of September, 2014.
Gerald F. Ruch and Kenneth Lenchyshyn, Estate Trustees of the Estate of Davina Putney by their solicitor,
GERALD RUCH LAW OFFICE- Gerald F. Ruch
43 Jarvis Street, P.O. Box 8,
FORT ERIE, Ontario
L2A 5M6

NOTICE TO CREDITORS AND OTHERS

All claims against the estate of CHARLES RALPH DOWN, late of the Town of Fort Erie in the Regional Municipality of Niagara, who died on or about the 8th day of September, 2014, must be filed with the undersigned Estate Trustee on or before the 16th day of October, 2014; thereafter, the undersigned will distribute the assets of the said estate having regard only to the claims then filed.

DATED at Fort Erie this 15th day of September, 2014.

CARLENE MARFLEET, Estate Trustee, by her Solicitor, HAGAN LAW FIRM, 29 Jarvis Street, P.O. Box 68, Fort Erie, Ontario, L2A 5M6. 905-871-4440

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Birthdays

Wow!

James turns 10 on Oct. 9th

We love you and miss you.
Nana & Papa

Coming Events

ALZHEIMER Society Niagara Region Support Groups for Care Partners meets first Thurs of each month(except July & Aug) 1:00-2:30pm Residence on Garrison, 373 Garrison Rd. Fort Erie. 905-687-3914

COUNTRY LUNCHEON
St. John's Stevensville United Church
Sodom Road, Stevensville
Sat. October 18th, 10 a.m. - 2 p.m.
Featuring soup, sandwiches, apple crisp, silent auction, mini bazaar, preserves and baked goods.
Everyone Welcome.

Peoples Memorial United Church
Ridgeway - Variety of Crafters
also Avon,Epicure,Regal,Party Light,Tupperware,Pampered Chef
Luncheon $5 $2 -Gift bag table
Penny Auction
Sat. Oct. 4, 2014 9am - 2pm

Personal Notices

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In Memoriams

Debra Gregg

Although three years have passed you are still spoken of often, thought of always and loved forever.

Until we meet again. x o
-Carl, Carole, Bud, C.J., Briana and the Brooks family.

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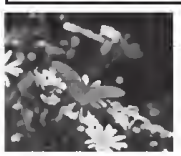

Obituaries

BLISS, Raymond Milton - After spending his last days at home being cared for by his family, Raymond passed away at the Douglas Memorial Hospital in the presence of his loving family on Saturday September 27th, 2014 at the age of 73. Loving husband of Gloria. Proud and cherished father of Matthew (Michelle) Bliss, Paul Bliss, Michele Bliss, Colleen (Scott) Jeffrey and Craig (Anita) Bliss. Beloved papa and grandpa to Ethan, Connor, Austin, Jacob, Kalan and Sarah. Also survived by his brother Nate (Martha) Bliss, the members of the Potyok family, his nieces and nephews and his extended family and many friends. Raymond grew up on the West Side of Buffalo and was a proud member of the Butler Mitchell Club. His love of sports was displayed in his regimented work-out schedule, his devotion to the Buffalo Bills and his enjoyment of Baseball. A mentor and respected friend, Raymond was a printer and employed with the Courier Express and Buffalo Evening News before working for the OLG at the Fort Erie Slots. **BENNER FUNERAL SERVICES**, 1105 Benner Ave., Fort Erie entrusted with arrangements. The family will receive friends on Tuesday from 7-9 and Wednesday from 2-4 & 7-9. Funeral Mass will be celebrated on Thursday at St. Michael's Roman Catholic Church at 11 am. A reception will follow in the Hall. If so desired, in lieu of flowers, donations to the St. Michael's Roman Catholic Church Building Fund, the Douglas Memorial Hospital Palliative Care or the Charity of your choice would be appreciated by the family.

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- *Ensuring your personal wishes are understood and carried out*

SEMINAR DATE
Complimentary lunch or dinner
Thursday, **October 9, 2014**
Lunch 11:00am - 1:00pm OR
Dinner 5:30pm - 7:30pm

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LOCATION
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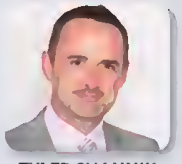
JONES, JAMIESON & REDEKOP

CHRIS BODNAR, CPA, CA
CRAWFORD SMITH & SWALLOW
CHARTERED ACCOUNTANTS LLP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Trade sheep for sleep

Natural remedy helps sufferers of insomnia catch up on their Z's

How much tiger is in your tank as you start the day? Not much, if you've been tossing and turning at night due to sleep apnea. Or if your partner has shaken the foundation with his or her snoring. Insomnia and snoring affect millions of North Americans and can be associated with serious health problems. Now, a natural remedy, Bell Sound Sleep, helps this troubling dilemma.

You're in excellent company if you suffer from insomnia. Napoleon, Sir Isaac Newton, Winston Churchill and Thomas Edison all tried to count sheep without success. Others, such as Marilyn Monroe, used increasing amounts of prescription sleeping pills, with tragic results.

Sleep deprivation can also have far-reaching consequences for our environment. It's believed to have been a factor in the crash and oil spill by both the Exxon Valdez and the Chernobyl nuclear disaster.

So how many hours of sleep do we need? Alexander the Great won many battles because he needed little sleep and could "cat nap." But most people require seven to eight hours to function well.

Researchers believe sleep allows the body to prepare itself for another day. If this doesn't happen due to chronic insomnia, the risk of a number of health problems is increased. For instance, the Nurses Health Study at The Harvard Medical School followed 70,000 nurses for 10 years to determine what, if any, medical conditions resulted from insomnia. This showed that women who slept for five hours bad a 39% increased risk of heart attack, compared to those who had eight hours of sleep. Sleep apnea, in which breathing temporarily stops several times during the night, poses other problems. During these episodes a decreased amount of oxygen reaches the brain, triggering increased blood pressure and a more rapid heart rate. If this occurs night after night the risk of heart attack and stroke rises.

Insomnia also has an impact on today's epidemic of diabetes. University of Chicago researchers required a group of young men to sleep just four hours a night This caused an increase in blood sugar, a decrease in the hormone insulin, and a 40% decrease in the rate sugar was removed from the blood. Sleep debt also increases the appetite and food consumption. It's believed that the hormone leptin gives us a good feeling when we've bad sufficient food. But insomnia decreases the amount of leptin causing a craving for food, particularly carbohydrates.

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Studies done at the University of California show that tossing and turning at night also puts the immune system at risk. Researchers found that healthy men, deprived of partial sleep for just one night, have a less effective immune system the following day. Their natural killer cells that fight infections and cancer were compromised.

So what's the best treatment for insomnia? Napoleon believed he could sleep only if his feet were pointing south. W.C. Fields, the comedian, used to seek sleep in a barber's chair, or on a pool table. Still others need a warm bath before retiring, staying up later or reading a book. And some resort to expensive pressurized masks attached to a machine.

The best approach, to insomnia and snoring is to keep it simple, particularly since studies show that 45% of the population has this problem. It makes no sense to take prescription drugs when a natural product is available. Bell Sound Sleep is approved by Health Canada and contains melatonin, camomille, fleur de la passion, skulcap and valeriane, all natural ingredients. The suggested dosage is four capsules initially. This can be reduced to three or two capsules as sleeping habits improve.

Bell Sound Sleep
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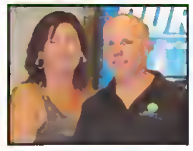

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